



February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chicken Patty French Fries Salad Fruit	2 Italian Dippers PB&J Uncrustables California Blend Veggies Peas Fruit	3 Papa John's Pizza Fish Sandwich Broccoli Corn Fruit	4
5	6 Chicken Nuggets Grilled Cheese Mashed Potatoes Green Beans Fruit	7 BREAKFAST- Sausage Pancakes Hash Browns Baked Apples	8 BBQ Chef Salad Tater Tots California Blend Veggies Fruit	9 Asian Chicken PB&J Uncrustables Rice Broccoli & Cauliflower Roll Fruit	10 Papa John's Pizza Fish Sandwich Veggie Cup/w dip Corn Fruit	11
12	13 Tacos Chef Salad Corn Rice Peas Fruit	14 Italian Dippers PB&J Uncrustables California Blend Veggies Carrots Fruit	15 Mini Burgers (Sliders) Pot Pie Green Beans Tater Tots Fruit	16 Spaghetti Salad Broccoli Roll Fruit	17 Papa John's Pizza Fish Sandwich Mac & Cheese Carrot Sticks w/Dip Peas Fruit	18
19	20 Corn Dogs Grilled Cheese French Fries Carrots Fruit	21 Asian Chicken Rice Broccoli Cauliflower Fruit	22 ASH WEDNESDAY Baked Spaghetti Salad Peas Roll Fruit	23 Chicken Patty Mashed Potatoes Green Beans Fruit	24 Papa John's Pizza Fish Sandwich Salad Corn Fruit	25
26	27 Cheesburger Hot Dog Baked Beans Veggie Cup w/dip Fruit	28 Chicken Patty French Fries Salad Peas Fruit	29 Pork Chop Oven Fried Chicken Mashed Potatoes Green Beans Fruit	Lunch= 1/ Meat/Meat Alternate, 2 Fruits and/or Vegetables, 1 Bread/Grain, 1 Milk. A variety of milk is offered daily. Fresh fruit may include apples, oranges, pears, bananas, kiwi, watermelon, grapes, etc. Nutritional information is based on a weekly average.		

Calories	786	Vitamin C	33g
Iron	5.4mg	Protein	33g
Calcium	540mg	% Cal. Fat	29%
Vitamin A	4398 IU	% Cal. Sat>Fat	8%